Ysgol Gymraeg Rhyd y Grug

Mrs Alwen M Bowen
Pennaeth
Headteacher

Mrs Michelle Barry
Dirprwy Bennaeth
Deputy Headteacher

Ysgol Gymraeg Rhyd y Grug
Aberfan
Merthyr Tudful / Merthyr Tydfil
CF48 4NT

Rhyd-y-grug.cymru
Ffôn / Telephone: 01685 351818

Tyfu Dysgu Llwyddo – Grow Learn Succeed

Annwyl Rhieni,

Rydym wedi derbyn y cyfle i gymryd rhan mewn cynllun peilot ar gyfer menter newydd ffantastig, fydd yn ein galluogi i hybu ymagwedd ysgol gyfan at les emosiynol ac iechyd meddwl, ac i well cefnogi ein disgyblion gydag anawsterau iechyd emosiynol. Fel Arweinwyr Iechyd a Lles yn Ysgol Rhyd Y Grug, byddwn ni'n cyd-weithio gyda'r Tîm Ysgolion Iach, a dechrau cyflwyno'r Gwasanaeth Lles Emosiynol i Ysgolion CAMHS Mewn Cyrraedd (SHINE) i gymuned yr ysgol dros y flwyddyn nesaf.

Fel rhan o'r broses gychwynnol, byddwn yn gofyn i chi gyflawni holiadur fydd yn rhoi gwell dealltwriaeth i ni o'r ddarpariaeth iechyd meddwl ac emosiynol sydd gennym ar hyn o bryd yn yr ysgol. Gofynnwn yn garedig i chi gymryd ychydig o amser i ateb y cwestiynau, hyd eithaf eich gwybodaeth. Byddwn yn danfon linc i'r holiadur ar-lein dros yr wythnosau nesaf.

Rydym yn edrych ymlaen yn fawr i allu cynnig y rhaglen yma i'n staff a disgyblion.

Diolch i chi am eich cefnogaeth,
Miss Long (Cydlynydd SHINE) a
Miss Clement (Cydlynydd ACRh)

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Dear Parents,

We have been given the opportunity to take part in a pilot scheme for a fantastic new initiative which will allow us to promote a whole-school approach to emotional and mental health wellbeing, and better support our pupils with emotional health difficulties. As the Health and Wellbeing Leads at Ysgol Rhyd y Grug, we will work alongside the Healthy Schools team and begin to introduce the CAMHS Schools In-reach Emotional Wellbeing Service (SHINE) to our school community during this year.

As part of the initial process, we will be asking parents to complete a questionnaire which will allow us to get a better understanding of our current emotional and mental health provision at school. We kindly ask that you take some time to answer these questions, to the best of your knowledge. We will send out a link to the online questionnaire over the next few weeks.

We are very much looking forward to being able to offer this programme to our staff and pupils.

Thank you for your support,
Miss Long (SHINE Co-Ordinator) and
Miss Clement (RSE Lead)